



Spokane Folklore Society

Footnotes

Serving folk arts in the Inland Northwest since 1977

January 2025

Volume 53

No. 1

SPOKANE FOLKLORE SOCIETY
Second Saturday Dance Series Presents: ■■■■

CONTRA DANCE & TURNING WALTZ LESSON

WITH CATHY DARK

JANUARY 11, 2025

7 PM WALTZ LESSON

8-10 PM CONTRA DANCE

**NEW PRICING FOR 2025

Members \$9 Non Members \$12

BAND: REEL FRIENDS

CALLER: EMILY FAULKNER

NEWCOMERS WELCOME ALL DANCES TAUGHT

BRING SNACKS TO SHARE

SPOKANE EAST SIDE GRANGE
1621 N. PARK RD



FOR MORE INFO: WWW.SPOKANEFOLKLORE.ORG

MEMBERSHIP
FORM

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SFS Mission

The purpose of the Spokane Folklore Society shall be to promote a broader community awareness and involvement in cultural folk traditions, such as music, dance, and other folk arts through such social

About Footnotes

Footnotes is published monthly except July. SFS dues include an e-subscription. Paper copies add a fee.

Editor: Brent Smith

E-mail newsletter items to:
mypokanefolklore@gmail.com

Or mail to

Footnotes c/o SFS
PO Box 141
Spokane, WA 99210

Copy deadline is the 15th of the month. Articles from the membership are welcome and appreciated! Copy may be edited for space or clarity.

SFS BOARD MEMBERS

President: Cathy Dark

Vice-President: Dana Smith

Treasurer: Judy Lungren

Secretary: Penn Fix

Members at Large: Ken Raymond,
Ken Bel-Garrison, Jenna Metzger

www.spokanefolklore.org

mypokanefolklore@gmail.com

Calendar of SFS Sponsored Dances

DATE	BAND	CALLER	LOCATION
1/8/2025	Banna Damhsa	Karen Wilson Bell	Woman's Club Hall
1/11/2024 <u>SAT</u>	Reel Friends	Emily Faulkner	East Spokane Grange
1/15/2025	Jam Band	Penn Fix	Woman's Club Hall
1/29/2025	River City Ramblers	Nora Scot	Woman's Club Hall
2/5/2025 7:30-9:30	Jam Band	Karen Wilson Bell	Woman's Club Hall
2/8/2025 7-10 <u>SAT</u>	River City Ramblers	Nancy Staub	East Spokane Grange
2/19/2025 7:30-9:30	Dog Paw	Ray Polhemus	Woman's Club Hall
3/5/2025 7:30-9:30	Banna Damhsa	Nancy Staub	Woman's Club Hall
3/8/2025 7-10 <u>SAT</u>	Crooked Kilt	Emily Faulkner	East Spokane Grange
3/19/2025 7:30-9:30	Prestwold Players	Nora Scott	Woman's Club Hall
4/2/2025 7:30-9:30	Jam Band	Ray Polhemus	Woman's Club Hall
4/12/2025 7-10 <u>SAT</u>	Reel Friends	Nancy Staub	East Spokane Grange
4/16/2025 7:30-9:30	Dog Paw	Nora Scott	Woman's Club Hall
4/30/2025 7:30-9:30	River City Ramblers	Karen Wilson Bell	Woman's Club Hall
5/7/2025 7:30-9:30	Prestwold Players	Nancy Staub	Woman's Club Hall
5/10/2025 7-10 <u>SAT</u>	Banna Damhsa	Penn Fix	East Spokane Grange
5/21/2025 7:30-9:30	Dog Paw	Emily Faulkner	Woman's Club Hall
6/4/2025 7:30-9:30	Reel Friends	Karen Wilson Bell	Woman's Club Hall
6/14/2025 7-10 <u>SAT</u>	SWING DANCE	Max Quartet	East Spokane Grange
6/18/2025 7:30-9:30	Jam Band	Emily Faulkner	Woman's Club Hall
6/21/2025 7-10 <u>SAT</u>	LOL Band	Luke Danforth	East Spokane Grange

Note: This schedule may be altered at any time during the season.

Now Accepting Credit Cards

New Second Saturday Admission Rates

For the past two years, admission rates for the second Saturday dances have been the same as our Wednesday ones even though they are an hour longer. Because our bands and callers have been paid about the same for either Wednesday or Saturday dances during this time, the SFS board has decided to increase the guarantee for callers and musicians in order to align more fairly with three hours of dancing. In order to cover these additional costs, the board has increased admission rates by \$2 per person. New rates are \$12 for general admission; \$9 for SFS members. We want to thank you in advance for supporting this change. Our musicians and callers deserve this increase in their stipends. Admission rates for our two hour Wednesday dances remain the same, \$10 for general admission and \$7 for SFS members.

Contra Dancing in January

The Spokane Folklore Society is celebrating the New Year with four contra dances scheduled for January. Our usual first Wednesday dance has been moved to the second Wednesday – January 8. Karen Wilson Bell will offer a range of contra dances with Banna Damhsa playing fiddle, harps, and flutes.

The second Saturday dance at the East Spokane Grange on January 11 features Emily Faulkner from Sandpoint calling New England style contras with the accordion driven Reel Friends. New admission rates are as follows: \$12 for General Admission and \$9 for SFS Members. The evening will begin with an hour long waltz workshop taught by Cathy Dark. While Cathy will begin with a review of the basic waltz step, she will focus on turning waltz. Each couple turns around each other while moving in a circle around the hall.

The third Wednesday dance on January 15 features our favorite Jam Band with nearly 20 members. Special for this dance, they will play Petronella and Green Mountain Petronella. Penn Fix, host for the evening, will call this time honored New England Chestnut dance.

This very full month of dancing finishes with a special fifth Wednesday dance on January 29 celebrating the Lunar New Year. Join in the festivities. Wear red. It is good luck! Nora Scott will call contras and the River City Ramblers will provide hard driving old time music.

Lady of the Lake June Music and Dance Camp. June 22-28, 2025

Registration for the Lady of the Lake June Music and Dance Camp, June 22-28, 2025 begins on February 1, 2025. Here's an opportunity to hone your dance skills with multiple daily workshops in both contras and English country as well as singing, playing music, and even art. We have contra and English country dance workshops geared to both newcomers and more experienced. Most importantly, you aren't expected to dance every moment of the day. There is plenty of time to hang out and explore 400 acres of forested land and lake shore. The food is great with five different choices including vegetarian, dairy free, and gluten free entrees. The Lady of the Lake community is friendly, welcoming, and accessible with participants from all corners of the Northwest as well as California, Alaska, the Southwest, and even back East. For more information see the flyer enclosed with this newsletter. And go to www.ladyofthelake.org.

It's Time to Renew Your SFS Membership

August is the best month, but any month is a good time to renew your SFS membership. Simply go to this link: <http://www.spokanefolklore.org/membership.html> for a full year membership, download the membership form, fill it out, and send it along with a check to our mailing address:

P.O. Box 141, Spokane WA 99210-0141.

Not only do you receive a substantial discount to SFS dance events but you also help to support our organization. We can't do it without your memberships and your additional donations. We are committed to making your dancing experience fun by increasing the guarantees to bands and callers, improving our sound system, and soon updating our website. We are confident that with your support we will not only sustain but also grow our community. Thanks for your help!

Area Contra Dances not Sponsored by SFS

Palouse Folklore Society Contact: [Roberta Radavich <oldhuffalump@frontier.com>](mailto:Roberta.Radavich@frontier.com)

1912 Center [Building]

at **412 East Third Street in Moscow, ID** across from the High School

All dances are taught. Singles, families & beginners are **always welcome.**

Admission is **\$6 for members, \$8 for non-members & \$5 for first time beginners.** Lessons at 7:30 p.m. Dancing begins at 8 p.m.

Our dances are fragrance-free events! Please help our members stay as healthy as possible by not wearing fragranced products!

Sandpoint Contra For more information, sandpointcontra@gmail.com

Mark your calendars! Contra dance every second Friday at historic Sandpoint Community Hall, 7-10 pm, \$5 donation. Live music, lively caller, all dances taught and called. New dancers warmly welcomed and encouraged to arrive in time for the beginning of the dance. Come alone or bring a friend, no partner needed.

Bring your smile and a water bottle; clean, soft-soled shoes a plus, and please be fragrance-free!

Spokane 4th Friday Contra Dancing at the Spokane Sinto Center

The dancing begins at 7:15pm after the instruction session for beginners. All dances are clearly taught and called by Susan Dankovich with music by *Reel Friends*.

All ages of adventuresome folks are welcome. Great music by *Reel Friends*. Smiling people like you, dancing up a storm! Share the snack potluck at break with the other dancers.

7-10pm \$8.00/adult 18 and under/free

Sinto Senior Activity Center 1124 W. Sinto in Spokane.

Well lit, off-street parking.

SPOKANE FOLKLORE SOCIETY PRESENTS

新年快乐

LUNAR NEW YEAR Contra Dance

Wednesday, January 29, 2025

Band: River City Ramblers

Caller: Nora Scott

Wear Red to help Celebrate

7:30-9:30 pm

\$10: for nonmembers

\$7: for SFS members & Students

Free: under 18!

Women's Club, 1428 W. 9th Ave, Spokane 99204

For More Info: www.spokanefolklore.org

Music & Dance Week

June 22-28, 2025

S T A F F

- Gaye Fifer ● Lindsey Dono ● Luke Donforth
- Root System - Audrey Jaber, Anna Patton & Amy Englesberg
- Fiddle Hellions - Betsy Branch, George Penk & Sue Songer
- Dam Beavers - Ben Schreiber & Scotty Leach



Lady of the Lake 2025

Overlooking Coeur d'Alene Lake,
50 miles from Spokane, WA

Enjoy a welcoming community in a beautiful natural setting.
Make new friends. Come dance, play music, sing, hike, canoe, and hang out on the beach.
Our sliding scale of admission fees helps to make camp more accessible.

Unique blend of Daily Dance and Music Workshops including:

- 3 – Contra dance workshops ● 2 – English Country dance workshops
- 1 – Swing dance workshop ● 3 – Band workshops (*Contra, English*)
- 2 – Caller's workshops (*Contra & English*) ● 2 – Singing workshops
- 2 – Art workshops led by Patricia Donohue
- 6 – Evening dances of Contra and English Country run concurrently

Larks and Robins calling

Registration begins February 1, 2025

For more information:

ladyofthelake.org/june-week

Current Covid protocol: negative test result at check-in. Check our website for updates



**SINGLES &
COUPLES
WELCOME**

**WINTER
2025**

SWING DANCE CLASSES

**STARTING TUESDAY
JANUARY 7TH -
FEBRUARY 11TH**



**PLEASE
ARRIVE 5
MINUTES EARLY
TO REGISTER**

**COST:
\$35
PER PERSON**

**6:30-7:20 PM
BEGINNING SWING
FOR THE TRUE BLUE BEGINNER**

**7:30-8:20
SWING DANCE II
FOR THOSE WITH DANCE
EXPERIENCE**

**CATHY
DARK
INSTRUCTOR**

**Southside Community Center
3151 E 27th Ave, Spokane WA**