



Spokane Folklore Society

Footnotes

Serving folk arts in the Inland Northwest since 1977

February 2025

Volume 53

No. 2

SPOKANE FOLKLORE SOCIETY
Second Saturday Dance Series Presents

**Wear
Red**

VALENTINE CONTRA DANCE

FEBRUARY
8
2025

**7-10
pm**

NEWCOMERS
WELCOME

ALL DANCES
TAUGHT



MUSIC:
RIVERCITY RAMBLERS
CALLER:
NANCY STAUB

**DESSERT
POTLUCK**

**MEMBER &
STUDENTS \$9
NON MEMBERS \$12
UNDER 18 FREE**

EAST SPOKANE GRANGE 1621 N. PARK RD

FOR MORE INFO: WWW.SPOKANEFOLKLORE.ORG

**MEMBERSHIP
FORM**

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SFS Mission

The purpose of the Spokane Folklore Society shall be to promote a broader community awareness and involvement in cultural folk traditions, such as music, dance, and other folk arts through such social and educational events as concerts, dances, festivals, workshops, lectures, demonstrations, and newsletters.

www.spokanefolklore.org

About Footnotes

Footnotes is published monthly except July. SFS dues include an e-subscription. Paper copies add a fee.

Editor: Brent Smith

E-mail newsletter items to:
mypokanefolklore@gmail.com

Or mail to

Footnotes c/o SFS
PO Box 141
Spokane, WA 99210

Copy deadline is the 15th of the month. Articles from the membership are welcome and appreciated! Copy may be edited for space or clarity.

SFS BOARD MEMBERS

President: Cathy Dark

Vice-President: Dana Smith

Treasurer: Judy Lungren

Secretary: Penn Fix

Members at Large: Ken Raymond,
Ken Bel-Garrison, Jenna Metzger, Debbie Mykkanen

www.spokanefolklore.org

mypokanefolklore@gmail.com

Calendar of SFS Sponsored Dances

DATE	BAND	CALLER	LOCATION
2/5/2025 7:30-9:30	Jam Band	Karen Wilson Bell	Woman's Club Hall
2/8/2025 7-10 <u>SAT</u>	River City Ramblers	Nancy Staub	East Spokane Grange
2/19/2025 7:30-9:30	Dog Paw	Ray Polhemus	Woman's Club Hall
3/5/2025 7:30-9:30	Banna Damhsa	Nancy Staub	Woman's Club Hall
3/8/2025 7-10 <u>SAT</u>	Crooked Kilt	Emily Faulkner	East Spokane Grange
3/19/2025 7:30-9:30	Prestwold Players	Nora Scott	Woman's Club Hall
4/2/2025 7:30-9:30	Jam Band	Ray Polhemus	Woman's Club Hall
4/12/2025 7-10 <u>SAT</u>	Reel Friends	Nancy Staub	East Spokane Grange
4/16/2025 7:30-9:30	Dog Paw	Nora Scott	Woman's Club Hall
4/30/2025 7:30-9:30	River City Ramblers	Karen Wilson Bell	Woman's Club Hall
5/7/2025 7:30-9:30	Prestwold Players	Nancy Staub	Woman's Club Hall
5/10/2025 7-10 <u>SAT</u>	Banna Damhsa	Emily Faulkner	East Spokane Grange
5/21/2025 7:30-9:30	Dog Paw	Emily Faulkner	Woman's Club Hall
6/4/2025 7:30-9:30	Reel Friends	Karen Wilson Bell	Woman's Club Hall
6/14/2025 7-10 <u>SAT</u>	SWING DANCE	Max Quartet	East Spokane Grange
6/18/2025 7:30-9:30	Jam Band	Emily Faulkner	Woman's Club Hall
6/21/2025 7-10 <u>SAT</u>	LOL Band	Luke Danforth	East Spokane Grange

Note: This schedule may be altered at any time during the season.

Now Accepting Credit Cards

Help Your Folklore Society: Join the Board!

With more and more dancers returning from the covid years along with new dancers finding their way to our dances, the Folklore Society needs more board members. No longer can one board member host a dance. We need two who can help set up before and take down after the dance (chairs, water container, flyer and button tables, and windows) as well as administer admissions (register new memberships, run the credit cards etc). Hosts at our Saturday dances also help to set up theme decorations and the kitchen area for refreshments.

SFS board members have two duties: attend monthly board meetings via zoom and host a dance once a month. In return, board members receive free admission to all dances.

The 2025-26 board term begins July 1, 2025. Board members serve two year terms. For more information, please call or text Penn Fix **509-954-4603**

Contra Dancing in February

SFS sponsored contra dances in February promise to bring great joy and welcoming light to the grey winter days. On first Wednesday February 5, our Jam Band returns after a spirited dance in January. They are really grooving! Karen Wilson Bell will share the stage with two or three other of our favorite callers.

Our annual Valentine's Dance on Saturday, February 8, at the East Spokane Grange features the driving old time fiddle tunes of the River City Ramblers with Nancy Staub calling Valentine favorite contras like *Be My Valentine*. Bring your favorite dessert to share.

On the third Wednesday, February 19, we return to the Woman's Club Hall with Ray Polhemus making his first appearance of the season. The intergenerational band Dog Paw plays an amazing range of Old Time to Irish tunes. Hope to see you at a dance this February!

Lady of the Lake June Music and Dance Camp. June 22-28, 2025

Registration for the Lady of the Lake June Music and Dance Camp, June 22-28, 2025 begins on February 1, 2025. Here's an opportunity to hone your dance skills with multiple daily workshops in both contras and English country as well as singing, playing music, and even art. We have contra and English country dance workshops geared to both newcomers and more experienced. Most importantly, you aren't expected to dance every moment of the day. There is plenty of time to hang out and explore 400 acres of forested land and lake shore. The food is great with five different choices including vegetarian, dairy free, and gluten free entrees. The Lady of the Lake community is friendly, welcoming, and accessible with participants from all corners of the Northwest as well as California, Alaska, the Southwest, and even back East.

For more information see the flyer enclosed with this newsletter. And go to:

www.ladyofthelake.org.

It's Time to Renew Your SFS Membership

August is the best month, but any month is a good time to renew your SFS membership. Simply go to this link: <http://www.spokanefolklore.org/membership.html> for a full year membership, download the membership form, fill it out, and send it along with a check to our mailing address:

P.O. Box 141, Spokane WA 99210-0141.

Not only do you receive a substantial discount to SFS dance events but you also help to support our organization. We can't do it without your memberships and your additional donations. We are committed to making your dancing experience fun by increasing the guarantees to bands and callers, improving our sound system, and soon updating our website. We are confident that with your support we will not only sustain but also grow our community. Thanks for your help!

Area Contra Dances not Sponsored by SFS

Palouse Folklore Society Contact: [Roberta Radavich <oldhuffalump@frontier.com>](mailto:Roberta.Radavich@frontier.com)

Third Saturday Dances

1912 Center [Building]

at **412 East Third Street in Moscow, ID** across from the High School

All dances are taught. Singles, families & beginners are **always welcome.**

Admission is **\$6 for members, \$8 for non-members & \$5 for first time beginners.** Lessons at 7:30 p.m. Dancing begins at 8 p.m.

Our dances are fragrance-free events! Please help our members stay as healthy as possible by not wearing fragranced products!

Sandpoint Contra For more information, sandpointcontra@gmail.com

Mark your calendars! Contra dance every second Friday at historic Sandpoint Community Hall, 7-10 pm, \$5 donation. Live music, lively caller, all dances taught and called. New dancers warmly welcomed and encouraged to arrive in time for the beginning of the dance. Come alone or bring a friend, no partner needed.

Bring your smile and a water bottle; clean, soft-soled shoes a plus, and please be fragrance-free!

Spokane 4th Friday Contra Dancing at the Spokane Sinto Center

The dancing begins at 7:15pm after the instruction session for beginners. All dances are clearly taught and called by Susan Dankovich with music by *Reel Friends*.

All ages of adventuresome folks are welcome. Great music by *Reel Friends*. Smiling people like you, dancing up a storm! Share the snack potluck at break with the other dancers.

7-10pm \$8.00/adult 18 and under/free

Sinto Senior Activity Center 1124 W. Sinto in Spokane.

Well lit, off-street parking.

Music & Dance Week

June 22-28, 2025

S T A F F

- Gaye Fifer ● Lindsey Dono ● Luke Donforth
- Root System - Audrey Jaber, Anna Patton & Amy Englesberg
- Fiddle Hellions - Betsy Branch, George Penk & Sue Songer
- Dam Beavers - Ben Schreiber & Scotty Leach



Lady of the Lake 2025

Overlooking Coeur d'Alene Lake,
50 miles from Spokane, WA

Enjoy a welcoming community in a beautiful natural setting.
Make new friends. Come dance, play music, sing, hike, canoe, and hang out on the beach.
Our sliding scale of admission fees helps to make camp more accessible.

Unique blend of Daily Dance and Music Workshops including:

- 3 – Contra dance workshops ● 2 – English Country dance workshops
- 1 – Swing dance workshop ● 3 – Band workshops (*Contra, English*)
- 2 – Caller's workshops (*Contra & English*) ● 2 – Singing workshops
- 2 – Art workshops led by Patricia Donohue
- 6 – Evening dances of Contra and English Country run concurrently

Larks and Robins calling

Registration begins February 1, 2025

For more information:

ladyofthelake.org/june-week

Current Covid protocol: negative test result at check-in. Check our website for updates

